Original Article

The Geometrical Modeling of Aortic Root Complex

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ABSTRACT

Background: This study was designed to investigate the anatomical relationship of the different levels of aortic root.

Materials and Methods: The morphological features of the aortic root were examined using of 12 adult hearts from fixed male cadavers who had expired due to noncardiac causes by magnetic resonance imaging and applied mathematical analyses to the results. The measurements of the aortic root were done at four levels: at the ventriculoarterial junction (annulus), at the largest level of the Valsalva sinuses (sinus), at the level of commissures (sinotubular junction [STJ]), and at 1 cm above the STJ (aorta ascendens). We derived an equation that allows calculation of the appropriate diameter of the aortic root from four levels. Statistical analysis among the variation of the diameters at the four levels of aortic root was achieved using test one-way analysis of variance.

Results: The data showed a geometric pattern of the aortic root. The comparison of the values from four levels showed that the narrowest at the sinotubular junctional level and the widest at the sinus level.

Conclusion: The analysis of our data shows that the aortic root has a consistent shape with varying size and that is a definable mathematical relationship between root diameter.

Key words: Aortic root, cardiac anatomy, mathematical modeling

INTRODUCTION

he functional anatomy and the geometry of the left ventricle are so important to attain the proper mechanical pump function of the heart. Mathematical modeling method could usefully be applied to the design of geometric structure and biomechanics of the heart. The obtained mathematical modeling from three-dimensional imaging of the heart could be adapted for corrective procedures of cardiovascular anomalies. Evaluation and analysis of the geometric structure and anatomical features of the heart using mathematical modeling methods have been developed as an adjuvant method for clinical experiments.^[1,2]

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The aortic valve does not present as an active subvalvular apparatus with a real surgical annulus component. The aortic root is complex, having surgical annulus which extends from ventriculoarterial to sinotubular junction and consists of cusps and the Valsalva sinuses of the aortic valve. The aortic wall which is located posteriorly of each cusp expands for construction of the Valsalva sinus. The aortic root is either anatomical or physiological junctional structure instead of a strait cylinder.

The aim of this study is to obtain not only further understanding and knowledge about normal aortic root anatomy and geometry but also more criteria about structural features of the left ventricular outflow region.

MATERIALS AND METHODS

The mathematical modeling of anatomic structures and their relationship in the left ventricle were performed at

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the Department of Anatomy of İstanbul Medical Faculty. The morphological effects of geometry and dimensions of the left ventricle were examined using 12 young adult hearts (all males) from fixed cadavers who had expired due to noncardiac causes. A detailed dissection of the anatomic structure of the hearts was done. The hearts were prepared for magnetic resonance imaging (MRI) by trimming the ascending aorta to 1 cm above the sinotubular junction (STJ).

The present study was designed to answer two questions: first does the human aortic root have a standard shape with varying size and second is there a constant definable relationship between the root and clinically measurable aortic valve annulus?

The cadaveric hearts were analyzed by MRI. The aortic root and valve geometry were extracted from three-dimensional MRI imaging and imported into the software program. The sequential cross-sectional slices of MRI were processed and converted the mathematical data using IRIX 6.5 software (Silicon Graphics - SGI Computer Systems, CA, US). The measurements of the aortic root were done at four levels: at the ventriculoarterial junction (VAJ) (annulus), at the largest level of the Valsalva sinuses (sinus), at the level of commissures (STJ), and at 1 cm above the STJ (aorta ascendens). A better understanding of the aortic root shape and the measurement levels are shown graphically [Figures 1 and 2]. Our purpose in calculating aortic annulus dimensions was to identify predictors of root size.

Mathematic curve fitting (polynomial) was done, and regression analysis was performed to determine the level correction. We derived an equation that allows

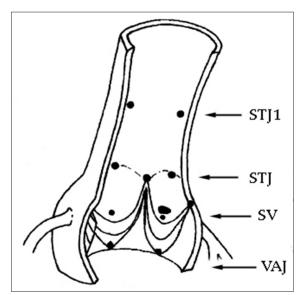


Figure 1: Schematic presentation of four levels of aortic root longitudinally where measurements were taken. STJ1: 1 cm above the sinotubular junction, STJ: Sinotubular junction, SV: Sinus of Valsalva, VAJ: Ventriculoarterial junction

calculation of the appropriate diameter of the aortic root from four levels.

Statistical analysis among the variation of the diameters at the four levels of aortic root was achieved using one-way analysis of variance (ANOVA) test.

RESULTS

A geometric pattern of the aortic root was attained to the data. The comparison of the related diameters from four levels showed that in terms of related diameter, the aortic root was narrowest at the STJ level and widest at the sinus Valsalva level (one-way ANOVA, P < 0.05). The mean diameters of the aortic root and the mean interlevel distance are listed in Table 1.

The fraction of diameter of the sinus Valsalva level to the VAJ and to the STJ was found 1.1 and 0.8, respectively. The fraction of diameter of STJ to 1 cm above the STJ was 0.9.

One of the root dimensions at each of the four levels was plotted against one of the averaged root dimensions, and curves were fit to the data. In all specimens, the relationship is linear, with correlation coefficients ranging from 0.86 to 0.94. To determine the level of correlation, the measured root dimensions were plotted versus calculated diameter analog. Regression analysis showed the relationship of the measured root dimensions to the diameter analog to be linear, with a correlation coefficient of 0.90. If the average measured root dimension is plotted versus average diameter analog for each specimen, better correlation is demonstrated, with correlation coefficient of 0.96. To verify that the new derived measurement (diameter analog) could be used as a predictor of root size. Regression analysis showed the relationship to

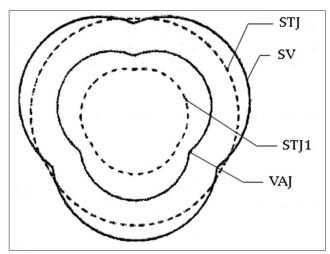


Figure 2: Schematic presentation of four levels of aortic root from transverse section. STJ1: 1 cm above the sinotubular junction, STJ: Sinotubular junction, SV: Sinus of Valsalva, VAJ: Ventriculoarterial junction

Table 1: The mean aortic root measurements and the normalized the values as fraction of the diameter for annular level (ventriculoarterial) and the sinus level (Valsalva sinuses)

Level	Interlevel distance (mm)	Diameter (mm)
Annulus	23.3±2.6	9.4±0.7
Sinus	24.2±1.2	6.6 ± 0.1
STJ	19.1±2.0	4.7 ± 0.05
STJ1	21.6±2.3	
Level	Diameter	
Annulus	100	
Sinus	104	
STJ	82	
STJ1	91	
Level	Diameter	
Annulus	96	
Sinus	100	
STJ	79	
STJ1	87	

STJ: Sinotubular junction, STJ1: 1 cm above the sinotubular junction

be linear, with correlation coefficients ranging from 0.88 to 0.93.

DISCUSSION

Better knowledge of the opening and closure of the aortic valve has clearly shown that the aortic valve is complex which includes the left ventricular outflow tract, the aortic annulus, (both fibrous trigones) the three leaflets and sinuses of Valsalva, and the coronary ostia. [4] The importance of the sinuses and their role in the creation of fluid eddy currents was recognized as early as 1513 by Leonardo da Vinci. [6] The aortic valve has been extensively studied over the last few decades. [7-10]

However, with increasing surgical sophistication in aortic root surgery, including valve-sparing root replacements, the simplistic assumption that the valve consists of leaflets that open and close due to pressure differentials on either side is inadequate. [11-14] Sophisticated analysis of the complex interplay between the aortic root and the leaflets, as well as the development of stresses and strains in the leaflet during opening and closing is necessary for diagnostic techniques. [15]

A sophisticated dynamic analysis may aid in a better understanding of the dynamics of the aortic valve complex and hopefully will help in designing better substitutes for replacing the diseased aortic valve. More importantly, these might prove invaluable in predicting patterns of failure of replacement devices or repair techniques in the workbench setting rather than experiencing it in the clinical situation, with unfortunate consequences.

Mathematics supplies not only the common structural framework on which each of the many

components can be suspended but also represents the only manner in which to adequately model the complex interactions among these various components.

It is also the mathematics that is already allowing the development of a surgeon-friendly, interactive framework that will allow real-time modification of the various model components, as well as the descriptions of their interrelationships. This is the key to the model's potential as a clinical tool. It will allow us to enter clinical problem-specific or patient-specific variables and then test the various therapeutic options that are available to us.

Mathematical theory and applied mathematics display the answers to the inquiries of the cardiac model in the interactive, three-dimensional visual field of the computer workstation. [1,2,16] Display it in three dimensions using variable degrees of transparency, with a dynamic, rotatable display of the contracting and relaxing ventricles with their opening and closing valves and tensing and relaxing papillary muscles. Geometrical model of the aortic valve and root is a significant advance in modeling and allows a closer simulation of valvular function.

Historically, surgical treatment of valvular heart disease has been based on designing a strategy or a valve substitute, applying it in a clinical setting, and then waiting (sometimes for years) to see if it will work. With increasing sophistication in the surgical treatment of aortic root diseases, including in the application of valve-sparing root replacements and aortic valve repairs, there is clearly a need for a precise understanding of the complex interplay of the various components of the aortic root.^[17-22]

Some of the earlier failures of replacement devices could have been predicted if sophisticated techniques to test them had been available.[23] With the widespread availability of powerful computers and supportive software, precise mathematical modeling using techniques make it possible to model and study the aortic valve in a dynamic state. These techniques also allow one to observe the most minute changes taking place in the leaflets and root, as well as the stresses developing in the leaflets in a manner that is not possible using animal or other models. The use of these techniques will enable the testing of newer devices, development of new leaflet materials, as well as newer types of stents for stent-mounted valves and repair techniques at the computer workbench before clinical application so that better long-term results can be expected.

A compliant aortic root contributes substantially to smooth and symmetrical leaflet opening with minimal gradients.^[2,11,13] The sinuses of Valsalva play a very important role in minimizing stress in the leaflets.^[4]

The changes in leaflet stress, strain, and coaptation indicate a departure from the normal aortic root–valve

relationship, in that the definitive shape of the valve-root sinus functional unit has been changed. [9,24] Each leaflet and corresponding sinus wall comprise a cylindrically shaped functional "unit" with continuity between the leaflets and root to distribute the diastolic pressure load. [12] In this manner, the aortic valve transfers the high attachment edge stresses from the leaflet to the lower-stiffness root wall.

This stress transfer appeared to be reversed in the graft models, where high stresses in the grafts were transferred to the valve, thereby increasing the overall leaflet stresses. [13] In addition, the functional unit represented by the sinus wall and leaflet together in these models was not cylindrically shaped. The stress and velocity changes to the root–valve relationship in the pseudosinus model may be more physiological as that in the cylindrical and tailored models. Normalized leaflet stresses in the clinical setting with geometrical modeling may result in improved longevity of the spared valve or replaced xenoprosthesis. [25]

The compliance also contributes much to the ability of the normal aortic valve to increase its effective valve orifice in response to physiologic demands of exercise. [2] The best hemodynamics in terms of gradients and valve areas during exercise are in normal aortic valves, pulmonary autografts, and cryopreserved homografts, followed by stentless valves. [7,19,23] This effect is strikingly absent in stiff roots. The least efficient valves in terms of exercise gradients are stented valves.

The implication of these model results is that patients with advancing root dilatation may have aortic valve leaflets that are no longer normal; as such, these patients might not benefit as much as desired from a valve-sparing procedure. Although the valve leaflets may enlarge in response to the early stages of root dilatation, it has been suggested that there is a critical ratio of total leaflet area to root cross-sectional area equal to 1.5:1 below which the leaflet can no longer maintain the same degree of coaptation and loss of coaptation ensues.^[24]

The compliant tissue properties and rounded shape of the native aortic root promote the normal function of valve, aortic root replacement with a cylindrically shaped, and relatively stiffer polyester graft would affect the resulting levels of stress and strain in the spared aortic valve leaflets.[14] Despite different trimming techniques in valve-sparing operations to provide the graft with a rounded sinus-like shape, all these methods are applied to the same class of polyester material grafts. [25] Because the elastic modulus of prosthetic graft material is an order of magnitude greater than that of the normal aortic root, concern has been expressed that the use of this material might transfer high stresses to the spared aortic valve, perhaps reducing the durability of a surgical valve repair.[25] Further research regarding

the timing of tissue remodeling would be helpful to surgeons in determining the optimal time for a valve-sparing replacement of the dilated aortic root.

CONCLUSION

The analysis of our data shows that the aortic root has a consistent shape with varying size and that is a definable of mathematical relationship between root diameter and clinically measured aortic valve annulus. The obtaining geometrical modeling from this research will be based on to determine computed data and be adapted to the corrective procedures of aortic root pathologies and be accepted reference for reconstructing of left ventricular outflow configuration.

The application of these results will allow prosthetic graft design to more closely resemble the native aorta. This should improve physiologic function of the aortic root, reduce annular stress, and increase the long-term durability. The results of mathematical modeling implied that the success of the surgical correction of the various aortic root pathologies depends on resembling of procedure to the anatomic and geometric design of the exact aortic root.

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Conflicts of interest

There are no conflicts of interest.

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