

**Original**

# Effect of age on pulpal blood flow in human teeth during orthodontic movement

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**Abstract:** We aimed to assess the relationship between age, pulpal blood flow (PBF), and orthodontic treatment outcomes. Decreased blood supply to pulp cells commonly occurs with age and can change the response of pulp to orthodontic tooth movement. This study was conducted in 28 human subjects divided into 2 groups according to age. A laser Doppler flowmeter was used to record blood flow to the teeth prior to and during the course of orthodontic treatment (days 1, 3, and 7; week 3; and month 1). Data were analyzed using Wilcoxon signed-rank and Mann-Whitney *U* tests. Mean PBF values were significantly higher in the young group compared to the old group at all time points ( $P < 0.001$ ). The decreased PBF in response to tooth movement was more severe in the old group and was also of longer duration. Pulp in younger patients had significantly higher blood flow values compared to that in older patients at baseline and throughout the course of the study.

Keywords: pulpal blood flow; laser Doppler flowmeter; aging; tooth movement; human dental pulp.

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## Introduction

Aging affects the vascular system, causing changes in structure and function (1). Like other parts of the

body, dental pulp shows age-related changes, and these changes have been extensively studied. Apical deposition of secondary dentin and cementum are shown to increase with age (2) and tend to narrow the originally wide open root apex. Accordingly, blood, lymphatic, and nerve supplies passing through the apical foramen to the pulp can be compromised.

Pulpal blood flow (PBF) measurement provides the most accurate and reliable assessment of pulp status (3). Laser Doppler flowmetry (LDF) is a well-documented, noninvasive technique providing direct, objective measurements of blood circulation (3); however, it has several drawbacks, the most significant being the possibility of signal contamination. According to one study, LDF signals from human teeth do not necessarily indicate PBF, as signals obtained from pulp can be confounded by signal contamination from the periodontium and other neighboring tissue (4). Despite this limitation, LDF is widely used to monitor pulpal reaction to orthodontic procedures and may also be used to monitor age-related changes in PBF.

To our knowledge, only one prior LDF study has reported the effects of aging on human pulp hemodynamics. Those authors associated the extremely small PBF signal identified in elderly subjects with a reduction in pulp volume (5). However, the effect of orthodontic treatment on pulpal vasculature and blood flow changes in older subjects has not been studied using LDF. Therefore, this study aimed to examine PBF responses to orthodontic tooth movement using LDF, compare the responses of younger and older pulp, and obtain information about age-related changes in PBF. We hypothesized that the application of orthodontic force would produce changes in dental pulp circulation that would be more severe and last longer in older than in younger pulp.

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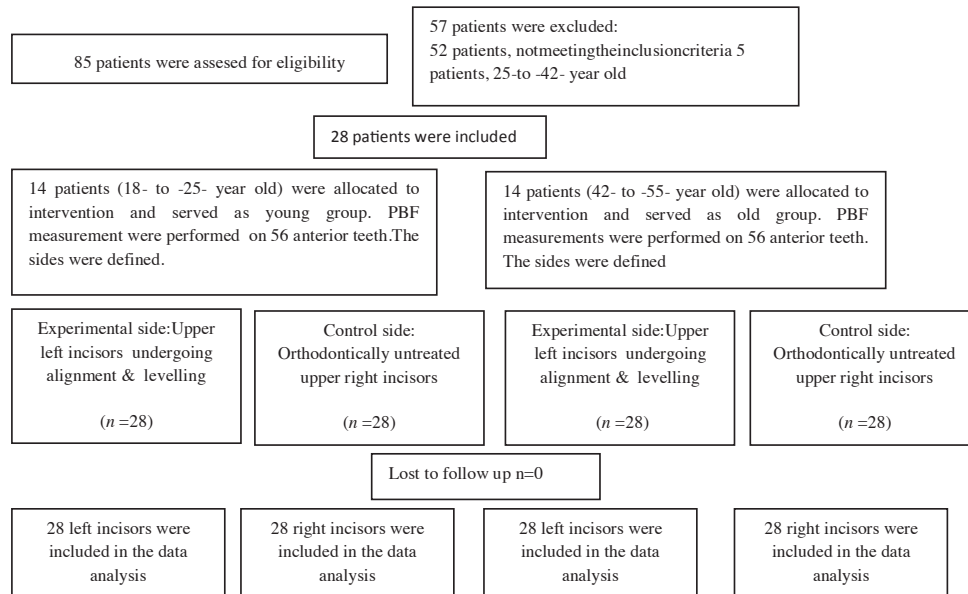


Fig. 1 CONSORT diagram

## Materials and Methods

### Subjects

Clinical and radiographic examinations were performed on 85 patients requiring initial placement of a fixed orthodontic appliance following approval from the Hospital Research Ethics Committee (B.10.4.ISM.4.06.68.49/582). Of patients, 28 were selected according to the following criteria: 1) age 18-55-years; 2) Class I skeletal pattern with only moderate crowding in the upper anterior segment (<4 mm); 3) clinically healthy upper central and lateral incisors (free of caries, restorations, defects, attrition, and discoloration) and periodontal tissue (normal gingival appearance, gingival sulcus depth of <2 mm, no symptomatic mobility); 4) radiographically healthy upper central and lateral incisors (visible pulp chamber and root canals) and normal periapical tissue (6) with no obliterated root canals, pulp stones (denticles), or diffuse calcifications; 5) no history of trauma or previous orthodontic treatment; and 6) no history of smoking or systemic vascular disease or evidence of hypertension or use of cardiovascular medication. In order to better evaluate PBF differences between young and old subjects, the patients were arranged into “young” and “old” groups. Of 33 patients meeting the above criteria, the 14 oldest patients were included in the old group (age range: 42-55 years; mean age: 47.6 years), the 14 youngest in the young group (age range: 18-25 years; mean age: 20.3 years), and the remaining 5 individuals (age range: 25-40 years) were excluded from the study. Age range of subjects in the young group was fairly narrow (18-25 years) in order to reduce variations related to increases in dentin

deposition (7), decreases in pulp chamber size, (8) and reductions in PBF (5) that occur with increasing age. In each patient, the left central and lateral incisors (“experimental teeth”) underwent alignment and leveling as part of fixed orthodontic treatment, while the orthodontically untreated right central and lateral incisors were used as “control teeth” (Fig. 1). Informed consent was obtained from all individual participants included in the study.

### Orthodontic treatment

Orthodontic treatment was planned on a case-by-case basis. Leveling was performed using 0.014-inch round nickel-titanium (NiTi) wires (Round Sentalloy Accuform, Dentsply GAC International, NY, USA). Preadjusted edgewise appliances with 0.022” × 0.028” slot twin brackets (Roth prescription, Gemini Metal Brackets; 3M Unitek Corporation, Monrovia, CA, USA) were direct-bonded (Concise, Dental Express, Kent, UK) to all maxillary teeth between and including the second premolars, except for the right central and lateral (control) incisors. Straight-wire orthodontic bands were cemented (Ketac, Baxter Dental, Watford, UK) onto the first molar teeth, and round NiTi wires were placed in the bracket slots and tied with stainless steel ligatures. All intervention and follow-up was performed by the second author of the study, who is a qualified orthodontist.

### Laser Doppler flowmetry

PBF was recorded with a laser Doppler flowmeter (Peri-Flux System 4001 with a 632.8 nm laser and straight type 416 probe, 2 mm diameter; Perimed, Järfälla, Sweden).

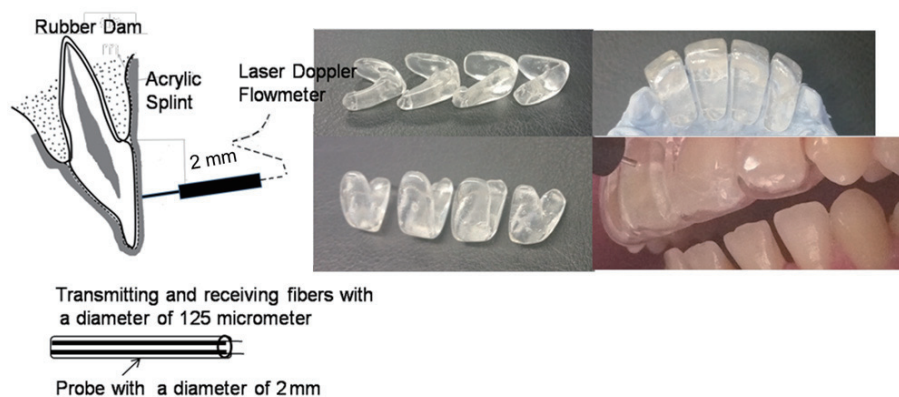


Fig. 2 Diagram of the experimental setup and custom acrylic splint for LDF

Prior to each measurement, the flow meter was calibrated according to the manufacturer's instructions, and the obtained flux values were recorded in arbitrary perfusion units (PUs).

### Recording Procedures

For each group, LDF measurements were recorded for 56 anterior teeth (28 experimental and 28 control) just prior to orthodontic bracket bonding (T0) and at 24 h (T1), 3 days (T2), 7 days (T3), 3 weeks (T4), and 1 month (T5) following the application of orthodontic force. Each tooth was provided a custom-fabricated splint of self-curing acrylic resin to achieve accuracy and reproducibility of measurements. A small hole was placed in the splint through which the probes could be positioned (Fig. 2). The probe site location used on all teeth in the study was approximately 2 mm coronal to the level of the free gingival margin, at the mesiodistal center of the tooth, and perpendicular to the buccal surface. The archwire and brackets were temporarily removed prior to LDF measurement, and an opaque, heavy-gauge rubber dam and a total of four splints (one per tooth) were positioned in the patient's mouth. After the patient rested in the dental chair for 10 minutes, data were taken continuously until 2 min of stable data values were registered on the flowmeter screen. The measurements were performed at the same position by the same operator. Once a constant reading was obtained, the splints and rubber dam were removed and the archwire and brackets were repositioned on the teeth.

For each measurement session, the mean PU for each tooth was calculated based on the phase of stable values, excluding peaks attributable to movement artifacts. LDF data were transferred to a computer connected to the RS-232 serial port of the flowmeter using the system's own software (PeriSoft for Windows, Perimed) and stored for analysis at a later date.

### Statistical Analysis

Statistical analysis was performed using MedCalc Statistical Software, Version 13.0 (MedCalc Software BVBA, Ostend, Belgium; <http://www.medcalc.org>; 2014). PBF changes within and between groups were assessed by Wilcoxon signed-rank and Mann-Whitney  $U$  tests, respectively, and statistical significance was set at  $P < 0.05$ .

### Results

Mean PBF values for the young and old groups at all times tested are shown in Tables 1 and 2. Mean baseline PBF measured just prior to the adhesion of orthodontic appliances was  $5.2 (\pm 0.2)$  PU for the young group and  $3.6 (\pm 0.3)$  PU for the old group (Mann-Whitney  $U$  test,  $P < 0.001$ ) (Fig. 3). Mean PBF values were significantly higher in the young compared to the old group at all time points ( $P < 0.001$ ). Baseline-adjusted PBF changes for both groups are shown in Fig. 4 and 5.

Orthodontic tooth movement caused a significant reduction in PBF in the experimental teeth in both groups (Friedman test,  $P < 0.001$ ), while PBF did not change in the control teeth over the course of the study (Friedman test,  $P = 0.981$  and  $P = 0.972$ , respectively for the young and old groups). Experimental teeth in the Young group had significantly higher PBF at T0 prior to orthodontic appliance insertion ( $5.1 \pm 0.2$ ) when compared to T1 ( $3.9 \pm 0.2$ ), T2 ( $4.0 \pm 0.2$ ), and T3 ( $4.5 \pm 0.2$ ) ( $P < 0.001$ ); however, there was no statistically significant difference in PBF between T0 and T4 (Wilcoxon signed-rank test,  $P = 0.327$ ) or between T0 and T5 (Wilcoxon signed-rank test,  $P = 0.448$ ). In the experimental teeth, PBF values in the old group decreased significantly at T1 ( $1.7 \pm 0.1$ ) when compared to baseline values ( $3.6 \pm 0.3$ ) and remained suppressed throughout the observation period ( $P < 0.001$ ). Although there was a significant increase in mean PBF values from T3 ( $1.8 \pm 0.1$ ) to T4 ( $2.1 \pm 0.1$ ,  $P$

**Table 1** Mean PBF values for the young group at all times tested

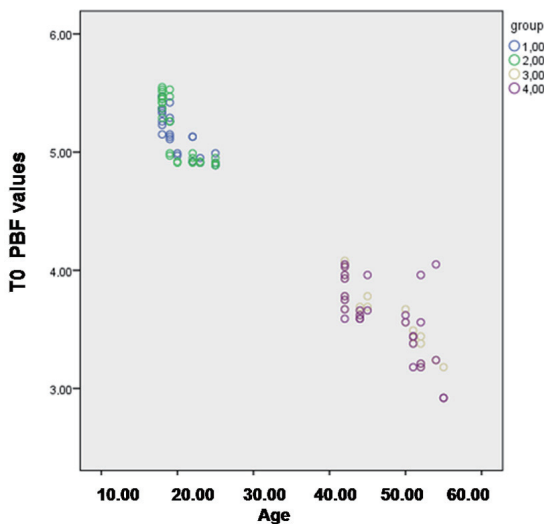
		T0		T1		T2		T3		T4		T5	
Young group	<i>n</i>	Mean ± SD	Med (min-max)	Mean ± SD	Med (min-max)	Mean ± SD	Med (min-max)	Mean ± SD	Med (min-max)	Mean ± SD	Med (min-max)	Mean ± SD	Med (min-max)
Exp. teeth	28	5.1 ± 0.2	5.1 (4.9-5.5)	3.9 ± 0.2	4.0 (3.6-4.1)	4.0 ± 0.2	4.0 (3.6-4.2)	4.5 ± 0.2	4.5 (4.2-4.8)	5.2 ± 0.2	5.2 (4.8-5.5)	5.2 ± 0.2	5.2 (4.8-5.5)
Control teeth	28	5.2 ± 0.3	5.1 (4.9-5.6)	5.2 ± 0.2	5.2 (4.9-5.6)	5.2 ± 0.3	5.2 (4.9-5.6)	5.2 ± 0.2	5.2 (4.9-5.6)	5.2 ± 0.2	5.3 (4.9-5.5)	5.2 ± 0.3	5.3 (4.9-5.6)
<i>P</i> <sup>1</sup>		0.768		<0.001		<0.001		<0.001		0.652		0.582	

<sup>1</sup>Mann-Whitney *U* test.

**Table 2** Mean PBF values for the old group at all times tested

		T0		T1		T2		T3		T4		T5	
Old group	<i>n</i>	Mean ± SD	Med (min-max)	Mean ± SD	Med (min-max)	Mean ± SD	Med (min-max)	Mean ± SD	Med (min-max)	Mean ± SD	Med (min-max)	Mean ± SD	Med (min-max)
Exp. teeth	28	3.6 ± 0.3	3.6 (2.9-4.1)	1.7 ± 0.1	1.7 (1.5-1.9)	1.7 ± 0.1	1.7 (1.5-1.9)	1.8 ± 0.1	1.8 (1.5-1.9)	2.1 ± 0.1	2.1 (1.9-2.2)	2.1 ± 0.1	2.1 (1.9-2.2)
Control teeth	28	3.6 ± 0.3	3.6 (2.9-4.1)	3.6 ± 0.3	3.6 (2.9-4.1)	3.6 ± 0.3	3.6 (2.9-4.1)	3.6 ± 0.3	3.6 (2.9-4.1)	3.6 ± 0.3	3.6 (2.9-4.1)	3.6 ± 0.2	3.6 (3.2-4.0)
<i>P</i>		0.843 <sup>1</sup>		<0.001 <sup>2</sup>		<0.001 <sup>1</sup>		<0.001 <sup>2</sup>		<0.001 <sup>2</sup>		<0.001 <sup>2</sup>	

<sup>1</sup>Student *t* test, <sup>2</sup> Mann-Whitney *U* test.



**Fig. 3** Scattering representing the relationship between baseline PBF (PU, at T0) and subjects' ages (years) (Group 1: experimental teeth values for the young group, Group 2: control teeth values for the young group, Group 3: experimental teeth values for the old group, and Group 4: control teeth values for the old group)

< 0.001), PBF had not returned to baseline levels at the end of the study.

**Discussion**

This study evaluated PBF response to orthodontic tooth movement in subjects of different ages. We used human subjects in order to examine orthodontic forces under simulated therapy over a 4-week period. Tissue reaction to orthodontic therapy may vary according to

the type of movement, dimensions of force, mechanical method used, and observation time. In the present study, all subjects had a Class I skeletal pattern and moderate crowding. To eliminate discrepancies in horizontal, vertical, and rotational positioning, orthodontic therapy was initiated with leveling using 0.014-inch NiTi wires. Differences in patient response, root-surface area, and frictional losses within the appliance make it difficult to accurately determine the appropriate force level to use with fixed appliances in clinical situations (9). This study aimed to reduce the effects of the first two variables using the contralateral incisors of each subject as the experimental and control teeth. In order to compare early and late responses to orthodontic tooth movement, LDF was used to measure flux values over a 1-month period. Measuring flux values at 24 hours and 3 days made it possible to detect gradual signs of inflammation due to orthodontic force, whereas those taken at 7 days, 3 weeks, and 1 month were designed to capture possible chronic changes (10). Although we were not able to measure the force magnitude delivered during clinical alignment and leveling, a previous study estimated 0.014-inch NiTi wires to deliver 0.7-1.0 N of force at 1.5 mm of deflection at all sites in vitro (11). Given that light forces in the range of 0.5-1 N are considered adequate for achieving orthodontic movement, leveling, which involves a combination of labiolingual and mesiodistal tipping as well as intrusion and extrusion, is assumed to pose less risk to pulp microcirculation compared to other types of tooth movement, especially pure intrusion (10).

We found that age significantly affected PBF values.

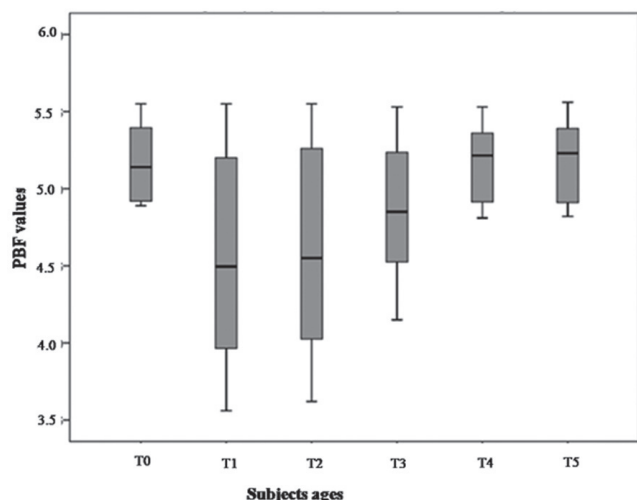


Fig. 4 Baseline-adjusted PBF changes for the young group

Mean PBF values varied significantly prior to orthodontic treatment and throughout the remainder of the study between the groups. PBF in the young group was nearly 1.5 times that in the old group at baseline and more than twice that in the old group at all other time points (T1-T5). The finding that baseline PBF decreases with age is in agreement with previous histological studies demonstrating an increase in age accompanied by a decrease in the number of blood vessels (12) as well as a reduction in the size and volume of pulp due to an increase in calcified tissue (8,13). Ikawa et al. (5) also reported age-related decreases in PBF and described the limitations and difficulties associated with measuring PBF using LDF in subjects aged 60-80 years. They (5) found that the magnitude of PBF signal in the subjects was very small and close to the limit of resolution of the measurement device ( $<1$  PU,  $n = 5$ ), which they attributed to an age-related increase in the amount of calcified tissue surrounding the pulp. In the present study, while initial radiographs showed a greater volume of enamel and dentin in old compared to young pulp, LDF accurately measured PBF in older subjects throughout the course of the study (with a minimal flux signal of 1.5 PU). In other words, calcified tissue thickness did not pose a challenge to the LDF measurements in this study, which is in accordance with Vongsavan and Matthews (14), who showed that LDF was capable of passing through enamel and dentin thicknesses of 2-3.5 mm. Additionally, Ikawa et al. (15) demonstrated laser light penetrating to root depths of up to 6 mm. Apart from differences in enamel and dentin volume, differences in their optical properties may also affect scattering and filtering of light in human teeth. Although we did not include subjects with discolored teeth, further studies

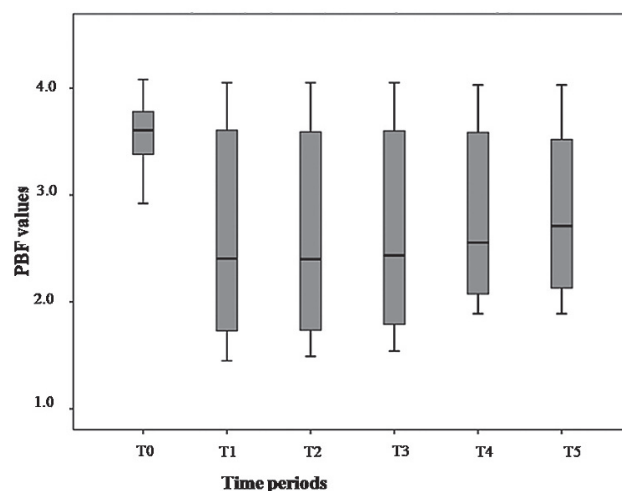


Fig. 5 Baseline-adjusted PBF changes for the old group

evaluating optical properties of dental tissue in relation to PBF data are needed.

Most previous studies examining age-related changes in dental pulp were conducted using either histomorphological or immunological techniques (5,16-20). Shroff (16) pointed out that the volume of the pulp cavity becomes progressively smaller with advancing age due to continuous deposition of dentin onto the cavity walls, and that this volume decrease results in a decrease in the demand for blood as well as in the number of pulp cells. A histological study by Daud et al. (20) showed a change in pulp cell morphology and a reduction in cell (especially odontoblast) density with age. In their histomorphometric analysis, Mitsiadis et al. (18) claimed that pulp volume gradually decreases with age due to continuous dentin matrix production by odontoblasts, and that this age-related reduction in pulp-chamber size is associated with the apoptotic elimination of odontoblasts. Likewise, microarray analysis confirmed a decrease in age corresponding with vitality of the pulp-dentin complex as demonstrated by the low expression of genes encoding for transcription regulation and the high expression of genes involved in apoptotic processes (19). However, growth factor expression in older dental pulp confirms ongoing reparative processes throughout the entire life of the tooth (19). Kishi et al. (17) discovered a triple-layer vascular network in the superficial layer of young cat pulp on scanning electron microscopy compared to a coarse, single-layer capillary network in old cat pulp; they also reported fewer blood vessels in old compared to young cat pulp.

Only one published study has investigated the age-related changes in dental pulp using LDF (5). In that study, Ikawa et al. (5) examined 22 subjects ranging

between 8 and 75 years of age who were categorized in groups with a wide age range and small sample size ( $n = 5$  for 8-20 years,  $n = 7$  for 20-40 years,  $n = 5$  for 40-60 years,  $n = 5$  for 60-80 years). Conversely, the present study was conducted in 28 individuals between 18 and 55 years of age divided into two age groups. It would have been optimal to conduct our study using a population covering a wide age range in order to determine the age at which PBF does not return to pre-treatment level. Those authors took blood flow recordings twice during the same session, first at rest (control reading), followed by 1 second of cold stimulation (5). Control PBF readings were significantly lower in younger compared to older subjects, which is in line with our findings, and the magnitude of reduction (%) decreased significantly following cold stimulation with increased participant age (5). They reported relatively low signals in patients aged between 20 and 40 years (approximately 3 PU). However, it is difficult to compare their findings with those of the present study due to the numerous factors affecting LDF readings including tooth type, isolation device (resin cap or rigid acrylic splint, with or without rubber dam), and laser output.

We found that orthodontic tooth movement significantly affected PBF values. LDF measurements showed that PBF decreased significantly in the experimental teeth in both age groups following the application of orthodontic force, whereas the control teeth showed no significant changes in PBF over the course of the study, indicating that the changes in PBF were unrelated to repeated measurement, flowmeter calibration, or test sensitivity in subjects undergoing orthodontic treatment. The reduction in PBF after the application of force, especially at T1 and T2, is possibly due to constriction in the vessels entering and leaving the apical foramen as a result of dental dislocation. The significant decrease in PBF values observed initially following the application of orthodontic force was eventually followed by a pattern of gradual recovery and a return to baseline levels by week 3 among the younger participants in our study. Thus, we conclude that orthodontic movement produces a transient reduction in PBF in young subjects, and this finding is supported by several other studies (21,22-26). Using LDF, McDonald and Pitt Ford (22) found a temporary decrease in PBF when light, continuous tipping forces were applied to maxillary canines; however, the study did not provide means with standard deviations (although values for control canines could be approximated as 13 PU). Similarly, five other studies (21,23-26) reported intrusive orthodontic forces temporarily reducing PBF (from baseline values ranging from 6.38 to 11.74 PU).

In contrast, Barwick and Ramsay (27) found that PBF remained unchanged throughout orthodontic treatment (PBF readings of 71, 63, 65, 73, and 36 mV, respectively, at each postoperative measurement point), and Babacan et al. (28) reported an increase in PBF (from 9.34 to 15.31 PU) during the first week of rapid maxillary expansion (RME), followed by a significant decrease (to 11.45 PU) by the third week of RME.

It should be noted that all of the previous studies focused on PBF following the application of intrusive, extrusive, tipping, or RME forces (21,22-28), whereas the effect of leveling forces on PBF has largely been ignored. Furthermore, with the exception of Barwick and Ramsay (27), the other mentioned studies were conducted with relatively young individuals (aged 10-31 years) whose dental anatomy, including degree of mineralization and ratio of mineralized tissue to dental pulp, differed from that of older adults (21,22-26,28), which may have affected LDF recordings, e.g., larger tubules and less mineralized tissue may facilitate light penetration into teeth. Although Barwick and Ramsay (27) included participants ranging between ages 25 and 49 years, their sample size was small ( $n = 8$ ), and they did not evaluate PBF values in relation to age.

We found that mean PBF significantly decreased in the old group following the application of orthodontic force and remained suppressed during the first weeks of treatment. Despite a subsequent marked increase in PBF after 3 weeks and 1 month, PBF in the experimental teeth in the old group had not returned to baseline levels at the end of the study, and it is not known whether PBF in these teeth would reach baseline values over time. Further research is required to determine whether blood flow in aged pulp returns to normal over time, remains suppressed, or decreases further with continued orthodontic force. The present study also found that initial decrease in PBF following the application of orthodontic force (T1) was more severe in older (52.7%) versus younger pulp (25%) (Mann-Whitney  $U$  test,  $P < 0.001$ ). Thus, our hypothesis, that dental pulp circulation is affected by the application of orthodontic force and that PBF changes in response to orthodontic force are more severe and long lasting in older than younger pulp, is accepted. The more severe the decrease in blood flow of older versus younger pulp subjected to orthodontic force may be associated with age-related arteriosclerotic changes in tooth pulp reported by various histological studies (12,20).

In conclusion, this study found that pulpal blood flow values in younger patients were significantly higher than in older patients at baseline and throughout the course of the study. Furthermore, PBF showed a more pronounced

decrease during the initial leveling phase of orthodontic treatment in older compared to younger patients.

### Conflict of interest

The authors declare that they have no conflict of interest.

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